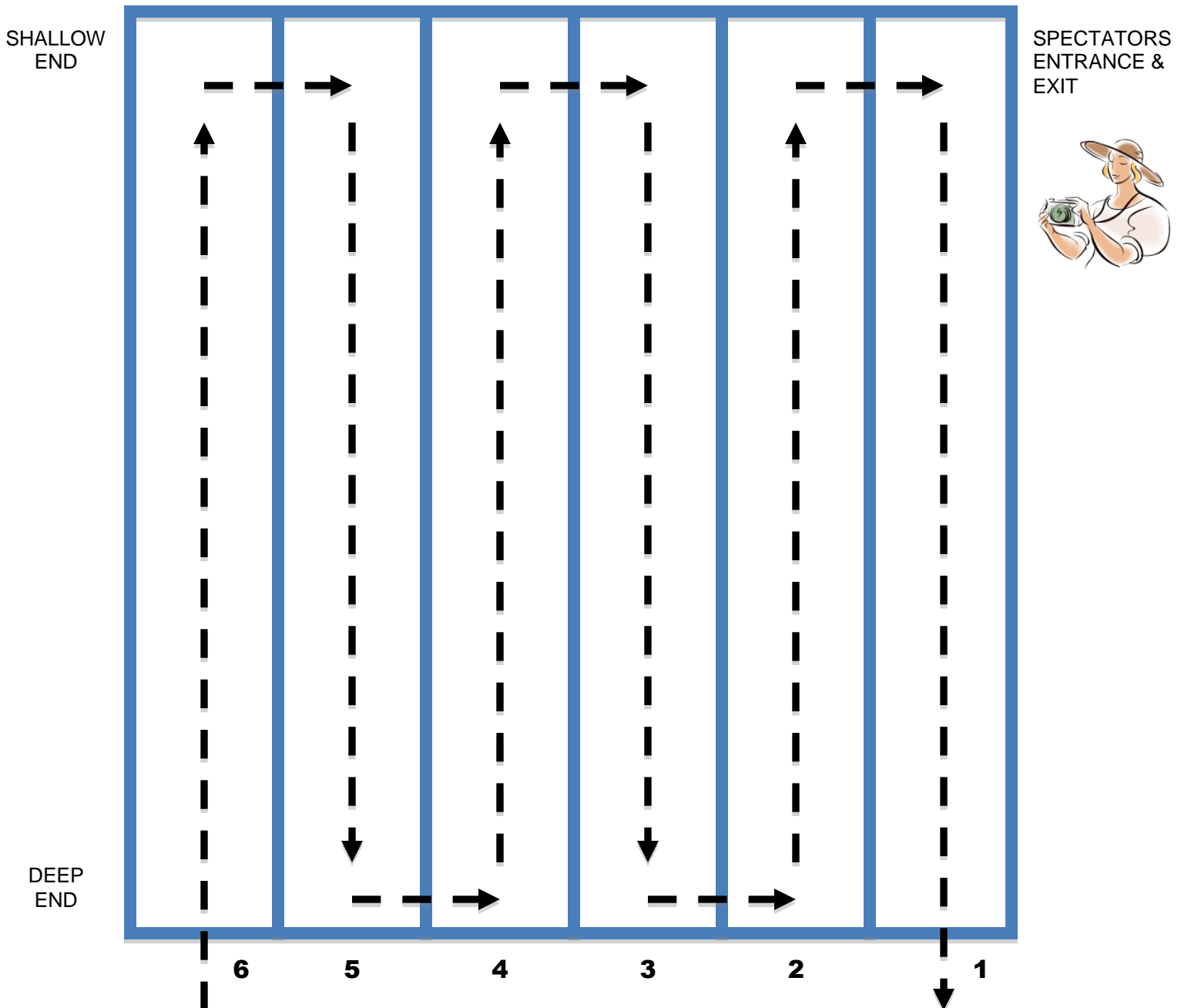


Brennan Park 25 m Swimming Pool



10/11 Group (150 m/6 lengths)

- Swimmers Enter Pool in Lane 6 at 10-second intervals
- Swim one length, touch wall, duck under rope to continue swimming in next lane; continue to Lane 1 (One way lanes)
- Exit from Lane 1

Exit Pool to
Transition Area

Blue Heat
Meets at 9:50 AM
150 m
10/11 Year Olds
Individual Male &
Female, Relays