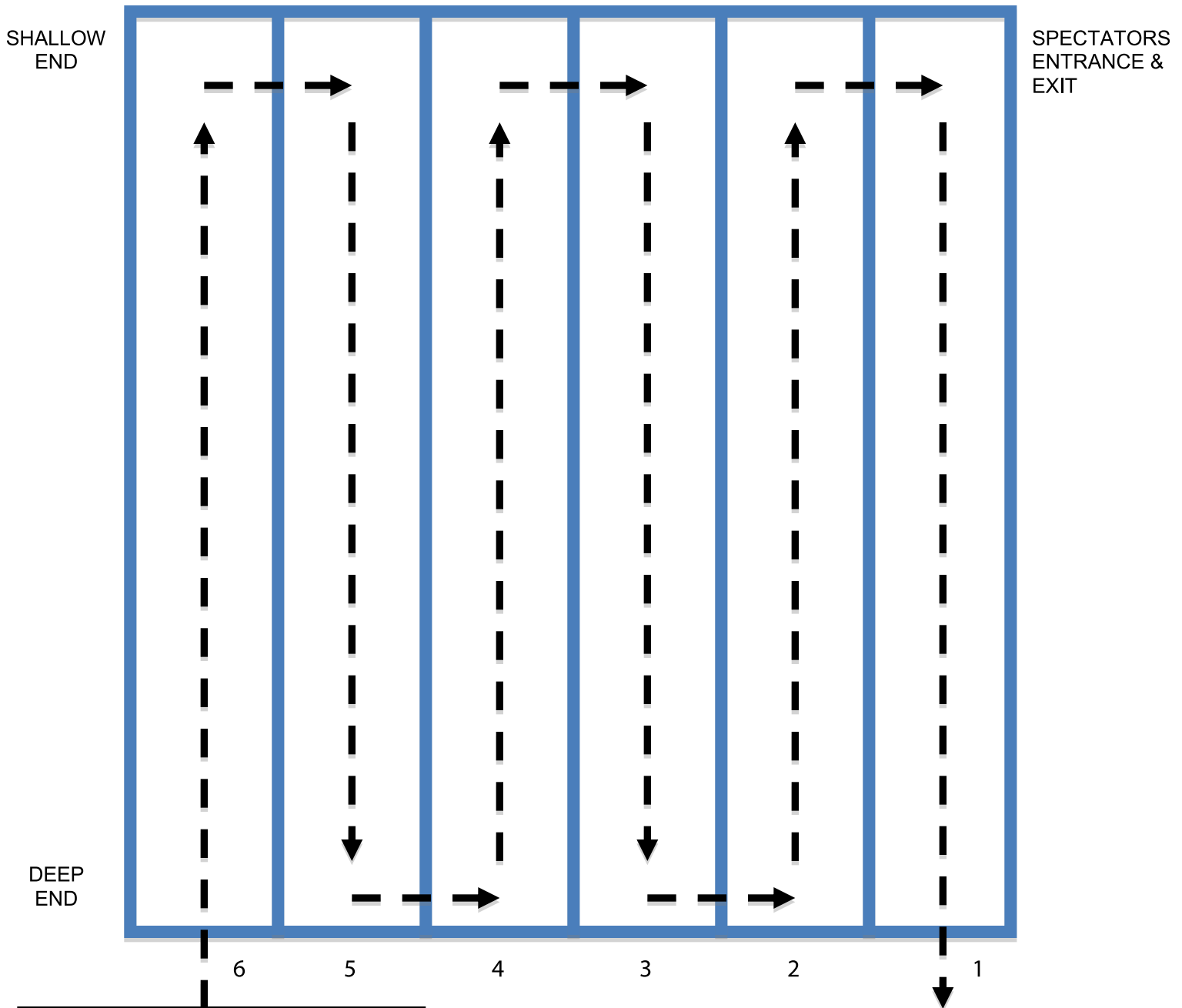


Brennan Park 25 m Swimming Pool



10/11 Group (150 m/6 lengths)

- ☒ Swimmers Enter Pool in Lane 6 at 10-second intervals
- ☒ Swim one length, touch wall, duck under rope to continue swimming in next lane; continue to Lane 1 (One way lanes)
- ☒ Exit from Lane 1

Exit Pool to
Transition Area

Pink Heat
Meets at 9:30am
10/11 Year Olds
(150m)
Male, Female, Relays